



## **SUNDAY PRAYER TIME FOR THOSE WHO ARE AT HOME DUE TO COVID-19**

*If you cannot get to your regular church service you may need to be reminded that God loves you and is with you where you are now.*

*You may also wish to join with others who are isolated, in a short informal act of worship on a Sunday morning either by phone, or social media, or on your own.*

*Make yourself comfortable.*

*Have your Bible to hand for the reading.*

*Whether with others or alone, light a candle to remember that Jesus Christ, the Light of the World, is with you now, where you are.*

**+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**Welcome the day, receive the gift.**

**Remember the Sabbath and keep it.**

**It is made for you: your freedom, your joy, your healing.**

**Blessed be God, Father, Son and Holy Spirit. Amen.**

*Take some time to think about those times when you have failed to be the best you can be in thought, word and deed.*

*Bring your thoughts and lay them before God in a few quiet moments, so that you can worship with a clean heart.*

*You may find it helpful to focus on the candle as you think.*

**You know, Lord, that I come to you just as I am.  
Forgive me, Lord.**

*Your penitence means that your sin is recognized and forgiven. Feel God's blessing on you.*

**The night has passed, and the day lies open before me. May the light of your presence, O God, set my heart on fire with love for you, now and for ever. Amen.**

*Read a passage from the Gospels, suggestions at the end of this leaflet.*

*Give time to think about what appeared to be important in the reading, and where you feel involved in the message of Jesus.*

**Prayer time.**

**I come to you, dear Lord, with my concerns and my thoughts for everything that is going on around me and beyond.**

**I am concerned about .....** (*areas of war, natural disaster, oppression, thinking about each situation.*

*Think of the people involved, both victim and perpetrator. Ask God's blessing on them).*

*Bring to mind those closest to you, family and friends. Ask for God's blessing on them. Pray for your usual Sunday congregation.*

*Bring to mind those who are struggling to manage and work to ensure that the impact of this world-wide virus has the least impact on the most people.*

*Pray for those who are sick, the lonely, the anxious, the stressed.*

*May they all feel the healing touch of Christ.*

*Ask God to bless all those you know and love who need your prayers today.*

*Pray for those who mourn the death of loved ones.*

*God grant the dying and the dead peace, and loving support to those who mourn.*

*Remember to count your blessings and thank God for them.*

*Continue your prayer time with the words,*

**Hear my prayer, O God.  
Support me to love and care for your people  
in any way I can.**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

*End your prayer time by saying*

**The Grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with me/us for evermore. Amen.**

*Blow out your candle.*

**Suggested readings:**

22 March	Lent 4	Luke 2:33-35
29 <sup>th</sup> March	Lent 5	John 11: 1-45 The raising of Lazarus
5 <sup>th</sup> April	Palm Sunday	Matthew 21: 1-11 Entry into Jerusalem.
12 <sup>th</sup> April	<b>Easter Day</b>	John 20: 1-18 or Matthew 28: 1-10
19 <sup>th</sup> April	Easter 2	John 20: 19-end Jesus appears to the disciples and Thomas.